

Year 1
Summer 2

Manor Leas Infant School Knowledge Organiser

Physical Education

Net and Wall games



| Star Words | Definition |
|----------------|--|
| Racket | Equipment used to hit a ball. |
| Partner | Someone you work with. |
| Track | To watch and follow the ball carefully. |
| Underarm | Throwing with your hand below your shoulder. |
| Ready position | A balanced position ready to move. |

Helpful Books



Home Learning Ideas

Hot Spots

What you need: two players, six markers and a ball

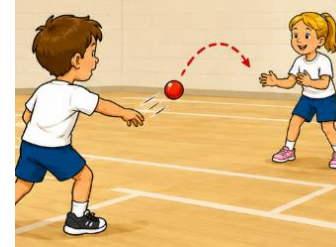
How to play:

- Stand five big steps apart and place three cones on the floor at your feet.
- Take turns trying to hit your partner's cones using an underarm throw.
- If you hit a cone, you take it and add it to your row.
- The game is played until one pupil has all of the cones.
- Make this easier by using a bigger ball.

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Sticky Knowledge

Net and wall games are games where players send an object over a net or towards a wall. In this unit, pupils will learn to track a ball, send and receive objects with control and move into space. Pupils will practise working with a partner, following rules and using simple tactics to keep games going.



I can use the centre of the racket to control the ball.

Watch the ball carefully.
Use the middle of the racket.



I can feed a ball to my partner using an underarm throw.

Swing my arm forwards.
Aim carefully to my partner.



I can hit a ball using a racket or my hand.

Use the middle of the racket.
Point where I want the ball to go.



Helpful Websites

Head to the Youtube channel to watch the skills videos for this unit.

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I can use a ready position to help me move.
Bend my knees slightly.
Hold my racket ready.

I can use simple tactics in games.
Send the ball into space.
Decide where to move next.

I can follow rules and play fairly.
Take turns fairly.
Encourage others.