



Star Words	Definition
Travel	Moving from one place to another.
Shape	How you make your body look.
Space	The area around you where you move safely.
Fast	Moving quickly.
Slow	Moving carefully and gently.

Sticky Knowledge

In this unit, children will develop expressive movement through the topic of 'places'. They will explore space and how to use it safely, using travelling actions, shapes and balances. Children will create their own movements in response to a stimulus and practise copying, repeating and remembering actions. They will use counting to keep in time with the music and perform their dances to others.



I can create my own movements.

Use different body parts.
Make movements big and clear.

I can change my movements if the music is fast or slow.

Move quickly when the music is fast. Move slowly when the music is slow.

I can copy the teacher's movements.

Watch carefully. Try to copy the movement.



I can move around the room in different ways.
Travel safely and avoid others. Try skipping, tiptoeing and crawling.

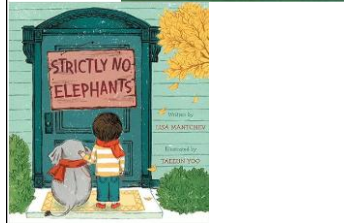


I can perform my dance and finish in a still position.
Dance with control. Stop at the end and hold a still shape.



I can copy the shape my teacher makes.
Make your body still like a statue. Stretch fingers and toes to make the shape clear.

Helpful Books



Home Learning Ideas

Musical Statues

What you need: some music, someone to stop and start the music

How to Play:

- When the music starts players start dancing. Dance however you like – hop, skip, twirl, or anything else that makes you happy! Let the music inspire your moves.
- When the music everyone must freeze like a statue until the music starts again.
- Keep dancing and freezing whenever the music stops.

Playing with others? Every time someone moves when the music stops, they become the helper to stop the music next time. Who can be the last one dancing?

www.getset4education.co.uk

Helpful Websites

Head to the youtube channel to watch the skills videos for this unit.

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