

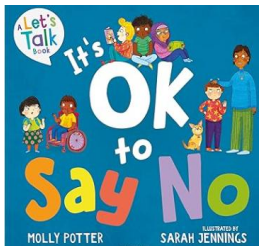
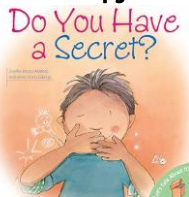
Year 2
Autumn 2

Manor Leas Infant School Knowledge Organiser
Personal, Social and Health Education
Safe Relationships



Star Words	Definition
Secret	Something that you keep from being seen or known by other people.
Surprise	Something that happens or that you are told that you didn't expect. These are usually happy and everyone will find out about eventually. .
Pressure	To try to make someone do something.

Helpful Books



Home Learning Ideas

- Practise different ways to say no if something makes you feel uncomfortable
- Make a list of surprises or safe secrets you could keep

Helpful Websites

<https://www.childline.org.uk/>

<https://www.nspcc.org.uk/advice-for-families/safety/activities-safety-kids/ok-not-ok/>

Surprises **Sticky Knowledge**

- These are ok to keep.
- They are sometimes called safe secrets.
- They may be things that you have been asked to keep private.
- They will not make you feel uncomfortable and no one will be upset or unsafe because of the surprise.

Secrets That Need to Be Shared

- If it makes us feel worried about anything.
- If it involves doing something unsafe.
- If it involves somebody doing something they shouldn't or breaking the rules.
- If it makes us feel unsafe.
- If it makes us feel uncomfortable or unhappy.

If a friend asks you to do something you don't like, you could say...

No
thank you

I've got a
different idea

I think this
might be better

Let's try this
instead

I'm not sure
that is safe