

Year 1
Autumn 1

Manor Leas Infant School Knowledge Organiser

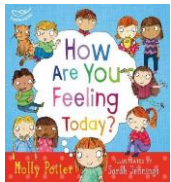
Personal, Social and Health Education

Rules and Feelings; Families and Friendships



Star Words	Definition
Anger	A type of feeling – to feel mad at someone or something
Fear	A type of feeling – to feel scared of someone or something
Happiness	A type of feeling – to feel pleased about someone or something
Sadness	A type of feeling – to feel upset about someone or something
Family life	Activities that families do together

Helpful Books



Home Learning Ideas

- Design a set of rules for the home
- Practise ways to stay calm if you are feeling angry
- Share things that you and your family do together e.g. a drawing, painting etc

Helpful Websites

<https://www.bbc.co.uk/bitesize/articles/z4q4bdm>

<https://www.bbc.co.uk/iplayer/episode/m001hz6n/cbeebies-bedtime-stories-ae-amy-dowden-the-colour-monster>

Sticky Knowledge



happiness



sadness



fear



anger

People who might be in my family



mother



father



baby



parent



daughter

Who is in your family?



son



stepmother



family



cousins



stepfather



aunt



niece



uncle



grandfather



sister



brother



grandchildren



grandmother